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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:00am Adult GI	**5:00am** Adult GI	**5:00am** Adult NOGI	**5:00am** Open Mat		
11:30am Adult GI	**11:30am** Adult GI	**11:30am** Adult NOGI	**11:30am** Adult NOGI		**10:00am** GI Jiu Jitsu	
5:00pm Adv Kids Gi	**5:00pm** Adv Kids Gi	**5:00pm** Adv Kids NO GI	**5:00pm** Adv Kids NO GI			
5:30pm Kids GI	**5:30pm** Kids GI	**5:30pm** Kids NOGI	**5:30pm** Kids NOGI		**12:00pm** Open Mat	**12:00pm** Sparring
5:30pm GI Fundamental	**5:30pm** Drill Lab	**5:30pm** GI Fundamental	**5:30pm** Leg Locks No GI			**1pm-3pm** OPEN MAT
6:30pm Adult GI	**6:30pm** Adult GI	**6:30pm** Adult NOGI	**6:30pm** Adult NOGI	**6:00pm** Open Mat		
6:30pm Kids Striking	**6:30pm** Teens Comp	**6:30pm** Kids Striking	**6:30pm** Teens Comp			
	6:30pm Beg. Adult Striking		**6:30pm** Beg. Adult Striking			
7:30pm Adult Striking	**7:30pm** Thunder Dome	**7:30pm** Adult Striking	**7:30pm** Adult MMA			*Beg = Beginner
		7:30pm Teen Comp				*Comp = Competition Prep
						*Adv = Advance